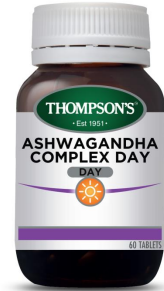




The Natural Advantage

Ashwagandha Complex Day

THOMPSON'S | 1080



Thompson's Ashwagandha Complex Day is formulated with a blend of two specially selected herbal active ingredients namely Ashwagandha and Bacopa. Ashwagandha Complex Range can help provide the daily support you need for the symptoms of stress so you can get on with your day.

Ashwagandha is used in Traditional Western Herbal Practice to help the body adapt to stress and in Traditional Ayurvedic practice to:

Calm the mind

Support mental clarity and focus

Help support general health & wellbeing

BENEFITS

Ashwagandha is used in Traditional Western Herbal Practice to:

- Help the body adapt to stress

and in Traditional Ayurvedic practice to:

- Calm the mind
- Support mental clarity and focus
- Help support general health & wellbeing

SUITABLE FOR

DIRECTIONS FOR USE

Two capsules in the morning (with food), or as professionally prescribed.

CAUTIONS AND INTERACTIONS

Always read the label. Use only as directed. If symptoms persist talk to your health professional.

NO ADDED

No Added Gluten, lactose, nuts, shellfish, sugar, dairy, egg, fish, sesame seeds, soya bean. No artificial colours or flavours.

The active ingredients in both products are plant-based and vegan friendly.

PACK SIZES

- 1080 - 60 Tablets

ACTIVE INGREDIENTS

| | |
|--------------------------------------|---------------|
| Ashwagandha extract | 150mg |
| derived from dry root | 1.5g (1500mg) |
| standardised to contain Withanolides | 3.75mg |
| Bacopa extract | 150mg |
| derived from dry leaf | 3g (3000mg) |
| standardised to contain Bacosides | 35mg |