



The Natural Advantage

## Sleep Support Tablets

THOMPSON'S | 507



- Thompson's Sleep Support is formulated with a combination of herbs including Ziziphus which has traditionally been used in Western herbal medicine as a sedative and to aid sleep.
- Thompson's Sleep Support helps relieve nervous tension, stress and mild anxiety, thereby helping support feelings of calmness.

### BENEFITS

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- Ziziphus is traditionally used in western herbal medicine to support sleep
- Helps in times of stress and worry
- Supports healthy sleep patterns

### SUITABLE FOR

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- Individuals seeking a supplement to support sleep
- Individuals who are going through times of stress and worry

### DIRECTIONS FOR USE

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Adults – Take one tablet three to four times a day or as directed by your healthcare professional.

## CAUTIONS AND INTERACTIONS

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- Use only as directed and always read the label
- Not for prolonged use
- Do not take this product if pregnant or breastfeeding
- May harm the liver
- If symptoms persist consult your healthcare professional

## NO ADDED

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- Gluten, lactose, nuts, shellfish, dairy, egg, fish, sesame seeds, soy.
- No artificial colours, flavours or preservatives.
- Vegetarian/Vegan friendly.

## PACK SIZES

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- 507 - 60 Tablets

## ACTIVE INGREDIENTS

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Each tablet contains

Herbal extracts equiv. to dry:

Piper methysticum (kava) extract equiv. to dry root	2.1g (2100mg)
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standardised to contain kavalactones	30mg
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Magnolia officinalis (magnolia) extract equiv. to dry stem bark	1g (1000mg)
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Ziziphus jujuba var. spinosa (ziziphus) extract equiv. to dry seed	1g (1000mg)
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Store below 30°C in a dry place. Keep out of reach of children. Do not use if bottle and/or cap seal is missing or broken.